



OUR MENU



STARTERS

-   **Marinated Olives**..... £3.90
-   **Melitzana Agioritiki** £5.20
Light, aromatic baked aubergine with garlic, herbs and feta. Served with pitta bread
-   **Tzatziki** £4.90
Greek yoghurt with cucumbers, garlic and dill. Served with pitta bread
-   **Htipiti** £5.20
A spicy feta cheese and Greek yoghurt dip. Served with pitta bread
-  **Taramas**..... £5.80
Smoked cod's roe mixed with olive oil and lemon juice. Served with pitta bread
-  **Greek Dips Selection**..... £6.30
Tzatziki, taramas, htipiti and melitzana agioritiki. Served with pitta bread
-  **Dolmadakia** £5.70
Vine leaves stuffed with rice and aromatic herbs (served cold)

- Kolokithakia** £5.70 
Crispy fried courgette chips served with tzatziki
- Fasolia Gigantes** £4.50  
Hearty giant white beans in tomato sauce, garnished with a sprinkle of parsley
- Mpekri Meze**..... £6.90 
Chicken fillet and vegetables in red wine sauce, baked with feta cheese
- Manitaria Gemista** £6.30  
Mushrooms filled with spinach, cooked in a creamy sauce and topped with melted kasseri cheese
- Horiatiko Loukaniko**..... £6.90 
Traditional Trikala sausage baked with egg
- Dakos Kritikos**..... £4.50 
Cretan rusks topped with olives, feta, tomatoes and Santorini capers
- Keftedes** £6.90
Traditional meatballs served with paprika sauce

CHEESE STARTERS

-   **Mpougiourdi**..... £5.90
Baked Epirus feta topped with tomato, chillies and melted kasseri cheese
-  **Kefalograviera Saganaki** £6.80
Hard cheese fried in flour with olive jam
-   **Talagani (halloumi)** £5.90
Peloponnese handmade cheese, grilled and served with balsamic and sweet marinated fruit sauce

- Balitses Tirion** £6.90 
Fluffy Greek cheese balls, fried and served with a sweet marinated fruit sauce
- Feta Saganaki**..... £6.90 
Feta melted in a pocket of filo pastry with sesame seeds and honey



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TASTE OF AEGEAN STARTERS

Psarakia Tiganita £6.40 <i>Fried crispy whitebait. Served with mint yoghurt</i>	Mydia Saganaki £6.90 <i>Sautéed mussels with white wine, feta, peppers, fresh oregano and extra virgin garlic olive oil</i>	
 Sardeles £6.80 <i>Sardine fillets marinated in aromatic olive oil (served cold)</i>	Htenia £8.20 <i>Sautéed scallops served with taramas</i>	
 Garida Saganaki £7.90 <i>Sautéed prawns with fresh tomato, chillies, feta cheese and aromatic olive oil</i>	Octopus Carpaccio £7.90 <i>Thinly sliced marinated Mediterranean octopus with a rocket and kefalograviera salad</i>	
Calamari £6.80 <i>Fried squid served with mint yoghurt</i>	Marinated Octopus £7.90 <i>Grilled with olive oil and balsamic vinegar</i>	

SOUPS

 Psarosoupa £7.30 <i>Fillet of Sea bass and vegetables</i>	Horiatiki £5.50 <i>Light, refreshing soup with tomato, cucumber, onions and peppers topped with Greek yoghurt (served cold)</i>	 
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SALADS

  Greek Salad £9.20 <i>Classically Greek. A delicious mixed salad of tomatoes, cucumber, olives, onions, pepper, feta cheese, olive oil and vinegar dressing and sprinkles of fresh oregano</i>	Talagani £9.50 <i>Talagani cheese, mixed lettuce, spring onions, roasted peppers, sliced grilled aubergines, pine nuts and dressing Oximelo*</i>	 
  Pasteli £9.80 <i>Sun dried figs, apricots, lettuce, crushed Greek honey sesame bar croutons and dressing Oximelo*</i>	Kotopoulo £9.90 <i>Sliced chicken, lettuce, cherry tomatoes, garlic croutons and our chef's special homemade kefalograviera dressing</i>	
 Garides £10.90 <i>Marinated prawns, black-eyed beans, spring onions, tomatoes, peppers, parsley, dill and extra virgin olive oil</i>		

* This balsamic vinegar of ancient Greece is the combination of wine vinegar, thyme, honey and grape syrup. An ancient Minoan recipe mentioned in Hippocrates' writings.



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PASTA

- V** **Kritharoto Manitari** £10.20
Kritharaki (orzo pasta) infused with truffle oil, mushrooms and feta cheese
- GF** **Garides Linguini**..... £13.80
Linguini with prawns in tomato sauce, spring onions, cherry tomatoes, fresh herbs and feta cheese
- GF** **Kotopoulo Linguini** £11.50
Linguini with tender chicken, mushrooms, Mastic liquor and fresh cream
- V** **Linguini Greek**..... £10.30 **GF**
Linguini with cherry tomatoes, aromatic oil, feta, olives, spring onions, basil and parsley
- GF** **Linguini Tou Psara** £12.90 **GF**
Linguini with squid, prawns, mussels, scallops, spring onions, cherry tomatoes, white wine and garlic olive oil
- * All Linguini dishes are also available with gluten free Penne*

TRADITIONAL DISHES

- Moussakas**..... £14.20
Layers of aubergine, potato, lean beef mince, and béchamel sauce
- V** **Vegetable Moussakas** £14.20
Layers of aubergine, courgette, Quorn mince, potato and béchamel sauce
- GF** **Stifado Beef** £14.50
Beef and shallots pot roasted in tomato sauce and served with rice
- Pastitsada Kerkira's**..... £13.80
Slow cooked chicken with pasta in a rich, aromatic tomato sauce with feta (traditionally served on Sundays in Corfu)
- Pastitsio** £13.80
A Greek family favourite. Baked pasta with lean beef mince, feta and béchamel sauce
- Arni sto Fourni**..... £15.30 **GF**
Slow roasted lamb shank. Served with kritharaki (orzo pasta)
- Kleftiko** £14.90
Slow roasted lamb loin, potatoes, vegetables, tomato and a variety of cheeses baked in filo pastry. Served with red wine gravy, caramelised onions and tomato
- Gemista**..... £10.90 **V** **GF**
Stuffed peppers with rice, raisins and dill

THALASSINA (FROM THE SEA)

- GF** **Lavraki**..... £16.30
Sea bass glazed in lemon and olive oil. Served with spinach rice (an authentic recipe of Northern Greece)
- GF** **Bakaliaros**..... £14.80
Baked aromatic cod with potato, caramelised onions and tomato. Served with mixed leaf salad and feta
- Fish of The Day** £19.50 **GF**
A whole grilled fish, served with potatoes and vegetables
- Souvlaki Thalassinon** £18.90 **GF**
Grilled skewer of prawns, sea bass and cod served with taramas and baked vegetables



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MEATS

- GF** **8oz. Rib-eye Steak**..... £19.00
Served with baked potatoes and mixed leaf salad
Add our chef's special Mavrodaphne (sweet red wine) gravity..... £2.00
Add Peppercorn or creamy mushroom sauce..... £1.50
- GF** **Souvlaki** £13.80
Marinated finest pork tenderloin grilled on a skewer.
Served with fries, tzatziki, pitta bread and onions
- GF** **Lamb Chops** £17.30
Grilled with fresh Cretan oregano. Served with baked potatoes and pitta bread
- GF** **Gemisto Pork**..... £15.80
Pork fillet stuffed with Greek hard cheese and sweet red pepper. Served with creamy mushroom sauce and either rice or fries

- GF** **Marinated Chicken Fillet** £12.70
With sweet paprika, fine sea salt, cracked black pepper and lemon. Served with spinach rice (an authentic recipe of Northern Greece)
- Bifteki**..... £15.20
Our prime char-grilled naked burger. Served with a raisin and rice stuffed pepper, lettuce and feta
- Gemisto Bifteki**..... £14.90
Naked burger stuffed with a variety of Greek cheeses, peppers and tomato. Served with fries, paprika sauce and pitta bread

MIX GRILL

- GF** **Athena Mix Grill**..... £22.95
A traditional grilled meat feast: pork skewer, burger, lamb chop, Greek sausage and chicken fillet. Served with tzatziki, pitta bread and a choice of rice or fries
- GF** **Athena Mix Grill for 2**..... £40.00
Athena Mix Grill doubled. Served with a Greek salad and a choice of rice or fries

- GF** **Athena Mix Grill for 4**..... £80.00
Greek feast with all the Athena mix meats, lamb shank, Greek salad, fries, rice, tzatziki and pitta bread

SIDE DISHES

- GF V** **Homemade fries**..... £3.00
Add grated kefalograviera cheese..... £1.00
- GF V** **Lemon and herb baked potatoes** £3.00
- GF V** **Aromatic rice**..... £3.50
- GF V** **Baked vegetables** £3.50
- GF V** **Feta**..... £4.00

- V GF** **Small Greek salad** £5.20
- V GF** **Spanakorizo (spinach rice)** £4.00
- V** **Pitta bread for one**..... £0.80
- V** **Pitta bread for two** £1.60
- V** **Bread roll** £0.60



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