




OUR MENU



STARTERS

-   **Marinated Olives**..... £3.90
-   **Melitzana Agioritiki** £5.20
Light, aromatic baked aubergine with garlic, herbs and feta. Served with pitta bread
-   **Tzatziki** £4.90
Greek yoghurt with cucumbers, garlic and dill. Served with pitta bread
-   **Htipiti** £5.20
A spicy feta cheese and Greek yoghurt dip. Served with pitta bread
-  **Taramas**..... £5.80
Smoked cod's roe mixed with olive oil and lemon juice. Served with pitta bread
-  **Greek Dips Selection**..... £6.30
Tzatziki, taramas, htipiti and melitzana agioritiki. Served with pitta bread
-  **Dolmadakia** £5.70
Vine leaves stuffed with rice and aromatic herbs (served cold)
- Kavourmas**..... £7.20
Beef and pork terrine with onions and egg

- Kolokithakia** £5.70 
Crispy fried courgette chips served with tzatziki
- Fasolia Gigantes** £4.50  
Hearty giant white beans in tomato sauce, garnished with a sprinkle of parsley
- Kotopoulo Meze** £6.90 
Baked portobello mushroom topped with chicken, cheese, vegetables and red wine sauce
- Manitaria Gemista** £6.30  
Mushrooms filled with spinach, cooked in a creamy sauce and topped with melted kasseri cheese
- Horiatiko Loukaniko**..... £6.90 
Grilled traditional Trikala sausage
- Caramelised Onion Fava**..... £5.20  
Traditional Santorini yellow bean purée with caramelised Onions, capers and balsamic drizzle from Kalamata
- Keftedes**..... £6.90
Traditional meatballs served with paprika sauce
- Fasolada Soup**..... £5.40  
Traditional Greek bean soup with vegetables
Add traditional Trikala sausage £1.00

CHEESE STARTERS

-   **Mpougiourdi**..... £5.90
Baked Epirus feta topped with tomato, chillies and melted kasseri cheese
-  **Kefalograviera Saganaki** £6.80
Hard cheese fried in flour with olive jam
-   **Talagani (halloumi)** £5.90
Peloponnese handmade cheese, grilled and served with balsamic and sweet marinated fruit sauce

- Balitses Tirion** £6.90 
Fluffy Greek cheese balls, fried and served with a sweet marinated fruit sauce
- Feta Saganaki**..... £6.90 
Feta melted in a pocket of filo pastry with sesame seeds and honey



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TASTE OF AEGEAN STARTERS

Psarakia Tiganita £6.40 <i>Fried crispy whitebait. Served with mint yoghurt</i>	Mydia Saganaki £6.90 <i>Sautéed mussels with white wine, feta, peppers, fresh oregano and extra virgin garlic olive oil</i>	GF
Sardeles £6.80 <i>Sardine fillets marinated in aromatic olive oil (served cold)</i>	Htenia £8.20 <i>Sautéed scallops served with taramas</i>	GF
Garida Saganaki £7.90 <i>Sautéed prawns with fresh tomato, chillies, feta cheese and aromatic olive oil</i>	Fava Htapodi £7.90 <i>Grilled octopus with Santorini yellow bean puree</i>	GF
Calamari £6.80 <i>Fried squid served with mint yoghurt</i>	Marinated Octopus £7.90 <i>Grilled with olive oil and balsamic vinegar</i>	GF

SALADS

Greek Salad £9.20 <i>Classically Greek. A delicious mixed salad of tomatoes, cucumber, olives, onions, pepper, feta cheese, olive oil and vinegar dressing and sprinkles of fresh oregano</i>	Talagani £9.50 <i>Talagani cheese, mixed lettuce, spring onions, roasted peppers, sliced grilled aubergines, pine nuts and dressing Oximelo*</i>	V GF
Pantzari £9.20 <i>Lettuce, beetroot, walnuts, tomatoes, oranges, garlic and rocket</i>	Kotopoulo £9.90 <i>Sliced chicken, lettuce, cherry tomatoes, garlic croutons and our chef's special homemade kefalograviera dressing</i>	GF

* This balsamic vinegar of ancient Greece is the combination of wine vinegar, thyme, honey and grape syrup. An ancient Minoan recipe mentioned in Hippocrates' writings.



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PASTA

V **Kritharoto Manitari** £10.20
Kritharaki (orzo pasta) infused with truffle oil, mushrooms and kefalograviera cheese

Hilopites me Garides £13.80
Traditional egg pasta with prawns in tomato sauce, spring onions, cherry tomatoes, fresh herbs and feta cheese

GF **Kotopoulo Linguini** £11.50
Linguini with tender chicken, mushrooms, Mastic liquor and fresh cream

V **Linguini Greek**..... £10.30 **GF**
Linguini with cherry tomatoes, aromatic oil, feta, olives, spring onions, basil and parsley

Linguini Tou Psara £12.90 **GF**
Linguini with squid, prawns, mussels, scallops, spring onions, cherry tomatoes, white wine and garlic olive oil

* All Linguini dishes are also available with gluten free Penne

TRADITIONAL DISHES

Moussakas..... £14.20
Layers of aubergine, potato, lean beef mince, and béchamel sauce

V **Vegetable Moussakas** £14.20
Layers of aubergine, courgette, Quorn mince, potato and béchamel sauce

GF **Stifado Beef** £14.80
Beef and shallots pot roasted in tomato sauce and served with rice

Pastitsada Kerkira's..... £13.80
Slow cooked chicken with pasta in a rich, aromatic tomato sauce with feta (traditionally served on Sundays in Corfu)

Pastitsio £13.80
A Greek family favourite. Baked pasta with lean beef mince, feta and béchamel sauce

Kotsi Hoirino..... £15.30 **GF**
Slow roasted pork shank. Served with lemon herbs baked potatoes

Kleftiko £14.90
Slow roasted lamb loin, potatoes, vegetables, tomato and a variety of cheeses baked in filo pastry. Served with red wine gravy, caramelised onions and tomato

Gemista..... £10.90 **V** **GF**
Stuffed peppers with rice, raisins and dill

THALASSINA (FROM THE SEA)

GF **Lavraki**..... £16.30
Sea bass glazed in lemon and olive oil. Served with spinach rice (an authentic recipe of Northern Greece)

GF **Bakaliaros**..... £15.80
Baked aromatic cod with potato, caramelised onions and tomato. Served with mixed leaf salad and feta

Tonos..... £19.30 **GF**
Grilled Tuna steak drizzled with lemon sauce. Served with beetroot, walnuts and a caper and yogurt tartare

Souvlaki Thalassinon £18.90 **GF**
Grilled skewer of prawns, sea bass and cod served with taramas and baked vegetables



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MEATS

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| <p>GF 8oz. Rib-eye Steak..... £19.00
 <i>Served with baked potatoes and mixed leaf salad</i>
 Add our chef's special Mavrodaphne (sweet red wine) gravy £2.00
 Add Peppercorn or creamy mushroom sauce..... £1.50</p> <p>GF Souvlaki £14.40
 <i>Marinated finest pork tenderloin grilled on a skewer.</i>
 <i>Served with fries, tzatziki, pitta bread and onions</i></p> <p>GF Lamb Chops £17.30
 <i>Grilled with fresh Cretan oregano. Served with baked potatoes and pitta bread</i></p> | <p>GF Gemisto Pork..... £15.80
 <i>Pork fillet stuffed with Greek hard cheese and sweet red pepper. Served with creamy mushroom sauce and either rice or fries</i></p> <p>GF Marinated Chicken Fillet £13.20
 <i>With sweet paprika, fine sea salt, cracked black pepper and lemon. Served with spinach rice (an authentic recipe of Northern Greece)</i></p> <p>Gemisto Bifteki..... £15.40
 <i>Naked burger stuffed with a variety of Greek cheeses, peppers and tomato. Served with fries, paprika sauce and pitta bread</i></p> |
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MIX GRILL

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| <p>Athena Mix Grill..... £22.95
 <i>A traditional grilled meat feast: pork skewer, burger, lamb chop, Greek sausage and chicken fillet. Served with tzatziki, pitta bread and a choice of rice or fries</i></p> <p>Athena Mix Grill for 2..... £40.00
 <i>Athena Mix Grill doubled. Served with a Greek salad and a choice of rice or fries</i></p> | <p>Athena Mix Grill for 4..... £80.00
 <i>Greek feast with all the Athena mix meats, pork shank, Greek salad, fries, rice, tzatziki and pitta bread</i></p> |
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SIDE DISHES

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| <p>GF V Homemade fries..... £3.00
 Add grated kefalograviera cheese..... £1.00</p> <p>GF V Lemon and herb baked potatoes £3.00</p> <p>GF V Aromatic rice..... £3.50</p> <p>GF V Baked vegetables in tomato sauce .. £4.00</p> <p>GF V Feta..... £4.00</p> | <p>V GF Small Greek salad £5.50</p> <p>V GF Spanakorizo (spinach rice) £4.00</p> <p>V Pitta bread for one..... £0.80</p> <p>V Pitta bread for two £1.60</p> <p>V Bread roll £0.60</p> |
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