

DAIRY FREE

STARTERS

-   **Marinated Olives** £5.80
-   **Melitzana Agioritiki.....** £7.30
*Light, aromatic baked aubergine with garlic and herbs.
Served with pitta*
- Taramas.....** £7.90
Cod's roe mixed with olive oil and lemon juice. Served with pitta
-   **Hummus** £7.20
Mashed chickpeas with lemon, garlic and tahini. Served with pitta
-  **Kolokithakia.....** £8.80
Crispy fried courgette chips served with hummus

- Fasolia Gigantes** £7.20  
Giant white beans in tomato sauce
- Fava.....** £7.70  
Yellow bean purée with caramelized onions
- Dolmadakia** £7.20
Vine leaves stuffed with rice and aromatic herbs. Served cold with hummus
- Loukaniko Sharas** £8.90
Traditional grilled sausage with pitta and honey-mustard sauce
- Stuffed Melitzana** £7.90  
Baked aubergine stuffed with tomato sauce and caramelised onion

TASTE OF AEGEAN STARTERS

-  **Garida Saganaki** £11.90
*Sautéed prawns in tomato sauce with mixed peppers,
and olive oil. Served with bread*
- Calamari** £9.90
Fried squid served with hummus
- Psarakia Tiganita** £9.80
Fried whitebait served with hummus
- Htenia** £11.90
Sautéed scallops served with taramas

- Seafood Salad.....** £8.90 
*Mix of prawns, octopus and squid marinated in garlic, white wine
and lemon juice (served cold) Served with pitta*
- Gavros** £7.90 
Fresh anchovy fillets with rocket salad & lemon dressing (served cold)
- Fava Htapodi** £16.20 
Grilled octopus with yellow bean purée
- Marinated Octopus.....** £15.80 
Grilled with olive oil. Served with onion and balsamic

SALADS

-   **Greek Salad** £12.80
*Classically Greek. A delicious mixed salad of tomatoes, cucumber,
olives, onions, pepper, olive oil and vinegar dressing and sprinkles of
fresh oregano*
-   **Chionati** £14.90
*Lettuce, peppers, beetroot, carrot, crumbled feta, cherry tomatoes,
olive oil and balsamic*

- Manitari** £12.50  
*Sautéed mushrooms, lettuce, sundried tomatoes and spring
onions*
- Aegean** £15.80 
*Mix of prawns, octopus and squid marinated in garlic, white
wine and lemon juice. Served with mixed peppers, lettuce,
cherry tomatoes, gherkins and garlic oil dressing*

PASTA

-   **Linguini Greek** £14.80
Linguini with cherry tomatoes, olive oil, olives and tomato herb sauce
- Pastitsada Kerkiras** £18.50
Fried whitebait served with hummus

- Kritharoto Seafood** £19.90
*Orzo pasta with prawns, mussels, calamari, octopus, turmeric and
peppers*
- Truffle Kritharoto** £17.80 
Orzo pasta with mushrooms and truffle oil



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= Vegetarian



= Ask for the Gluten Free Option

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TRADITIONAL DISHES

	Stifado Beef.....£18.50 <i>Beef and shallots pot roasted in tomato sauce and served with rice</i>	Gemista£16.50  
	Beef Sofrito£18.90 <i>Traditional beef stew with baked potatoes, carrots and parsnips</i>	Stuffed Melitzana.....£15.50  
	Kotsi Hoirino.....£19.90 <i>Slow roasted pork shank with potato purée and gravy</i>	

THALASSINA (FROM THE SEA)

	Lavraki£21.90 <i>Grilled sea bass served with spinach rice (an authentic recipe of Northern Greece)</i>	Tiganites Garides.....£25.90  <i>Fried king prawns. Served baked vegetables</i>
	Lavraki Fava£21.90 <i>Grilled sea bass with fava bean purée, caramelized onions, rocket, lemon and olive oil dressing</i>	Fish Grill£32.90  <i>Grilled salmon, sea bass, king prawns and scallops. Served with potato purée and green beans</i>

MEATS

	8oz. Fillet Steak£33.90 <i>Served with baked potatoes</i> Add our chef 's special Mavrodaphne (sweet red wine) gravy£2.50	Souvlaki Kotopoulo.....£19.20  <i>Marinated chicken skewer. Served with pitta and spinach rice (authentic recipe of Northern Greece)</i>
	Souvlaki£19.80 <i>Marinated finest pork tenderloin grilled on a skewer. Served with fries, hummus, pitta and onions</i>	Lamb Chops.....£24.90  <i>Grilled and served with baked potatoes and pitta</i>
	21oz. Pork Tomahawk£22.80 <i>Free range finest pork tomahawk grilled to perfection. Served with baked potatoes</i>	

MIX GRILL

	Athena Mix Grill.....£27.50 <i>A traditional grilled meat feast: pork skewer, lamb chop, Greek sausage and chicken fillet. Served with hummus, honey-mustard mayonnaise, pitta and a choice of fries or rice</i>	Athena Mix Grill for 2£52.90  <i>Athena Mix Grill doubled plus a Greek salad and extra pork shoulder steak. Served with a choice of rice or fries</i>
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SIDE DISHES

  Fries.....£4.20	  Baked vegetables.....£5.00	 Pitta bread for one£1.30
  Lemon and herb baked potatoes .£5.50	  Small Greek salad£6.30	  Gluten free pitta bread£1.30
  Aromatic rice.....£4.50	  Spanakorizo (spinach rice).....£5.30	